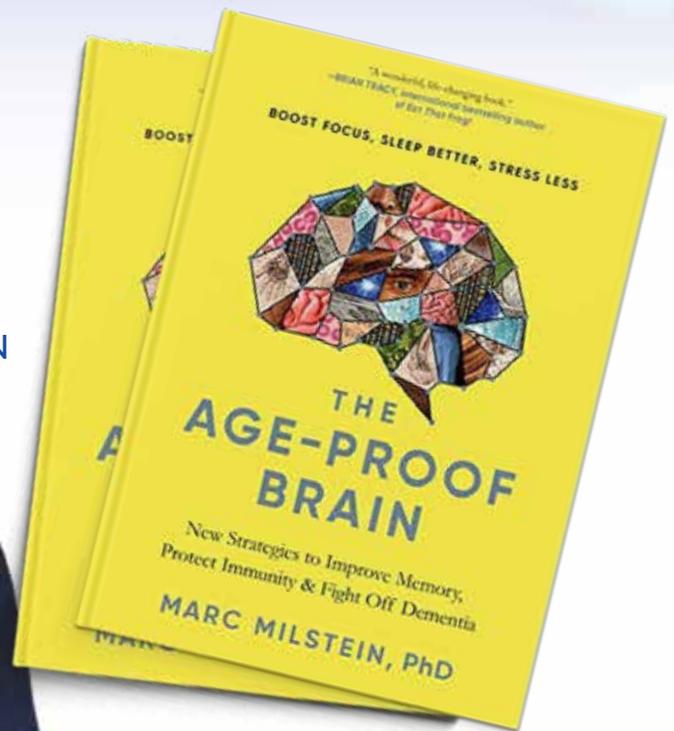


SIMPLE STEPS THAT STRENGTHEN MEMORY AND SUPPORT CLEAR THINKING AT ANY AGE.

# 5<sup>th</sup> ANNUAL BRAIN SCIENCE LUNCHEON



featuring  
DR. MARC MILSTEIN



Respite for All  
FOUNDATION

**Thursday, October 15**

11:30am-1:00pm

Renaissance Montgomery Hotel

Platinum Sponsor  
**Baptist**  
HEALTH

# AGE-PROOF YOUR BRAIN

## YOU WILL LEARN:

- 1 Simple tips to do every day that supercharge your memory, productivity, and lower risk for dementia and Alzheimer's.
- 2 Quick and actionable steps you can do every morning to help you get energy-boosting sleep.
- 3 Which surprising foods boost memory and the one sneaky ingredient in food that can raise the risk of dementia by 50%.
- 4 Common and often hidden health issues significantly raise the risk of developing Alzheimer's and dementia decades before symptoms develop. Look for signs.
- 5 Often-overlooked factors that accelerate the aging of your brain and how to avoid these traps.
- 6 What is real and what is hype in the world of brain health.



**DR. MARC MILSTEIN** is the author of the international best-selling *The Age-Proof Brain*, nominated for the Next Big Idea Book Award and translated into seven languages worldwide. A leading brain health researcher, international keynote speaker, and scientist, Dr. Milstein specializes in translating cutting-edge neuroscience into clear, actionable strategies to optimize brain health, lower the risk of dementia, and boost happiness and productivity.

His insights have been featured by media outlets including CNBC, Oprah Daily, The New York Post, and Forbes. He has spoken for Fortune 500 companies and top associations worldwide, delivering dynamic, evidence-based keynotes that educate, entertain, and empower audiences. Dr. Milstein earned his Ph.D. in Biological Chemistry and Bachelor of Science in Molecular, Cellular, and Developmental Biology from UCLA, where he conducted research in genetics, cancer biology, neuroscience, and infectious disease. His work has been published in multiple scientific journals.

*"The Age-Proof Brain makes cutting-edge neuroscience accessible to everyone and is a vital guidebook highlighting the critical lifestyle factors that empower you to maintain a sharp, healthy, active brain and protect against dementia."*

- Richard Isaacson MD  
Neurologist, founder, Alzheimer's Prevention Clinic at Weill Cornell

# 2026 BRAIN SCIENCE LUNCHEON

## SPONSORSHIP PACKAGE BENEFITS

### ► FRIENDS OF RESPITE FOR ALL PACKAGE – \$750 ◀ LIMITED QUANTITY

- Table (8 tickets)
- Listed in Program and Annual Report

### ► CORPORATE FRIENDS OF RFA – \$1500

- Table (8 tickets)
- Listed in Program and Annual Report (1200 mailed)
- Digital Logo on Screen

### ► BRONZE TABLE – \$2500

- Table (8 tickets)
- Logo in Program
- Social Media and Website Recognition
- Logo in Annual Report (1200 mailed)
- Digital Logo on Screen

### ► SILVER TABLE – \$5000

- Table (8 tickets)
- Priority Seating
- Podium Recognition
- Logo in Program
- Social Media and Website Recognition
- Logo in Annual Report (1200 mailed)
- Digital Logo on Screen

### ► GOLD TABLE – \$10,000

- Table (8 tickets)
- Priority Seating
- Podium Recognition
- Logo in Program
- Social Media and Website Recognition
- Booth/Marketing Table in Lobby
- Logo in Annual Report (1200 mailed)
- Digital Logo on Screen

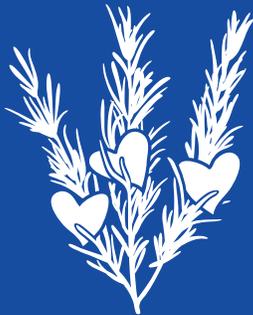
### ► PLATINUM TABLE – \$20,000

- Two Tables (16 tickets)
- Priority Seating
- Podium Recognition
- Logo in Program
- Sponsorship Recognition in the Lobby of Luncheon
- Social Media and Website Recognition
- Booth/Marketing Table in Lobby
- Logo in Annual Report (1200 mailed)
- ½ Page Ad in Annual Report
- Banner on Main Stage
- Digital Logo on Screen



# WHY SPONSOR THE BRAIN SCIENCE LUNCHEON...

- ▶ **Bring national-level experts** to the River Region to answer questions that everyone has about brain health
- ▶ **Promote your company**, organization or family's support on a life-changing issue in our local community
- ▶ **Network with influential parties** driving change in brain health and dementia care
- ▶ **Stay current** in the world of Alzheimer's and dementia education, tools, and resources
- ▶ **Help RFA spread its volunteer-driven model** among a diverse network of faith-based communities and senior service organizations.



Respite for All  
FOUNDATION

## Become A Sponsor

Contact Jennifer Trott

Jennifer@RespiteForAll.org

334.549.0602

