

Respite for All Foundation
Whirlwind 2026 Respite Leadership Conference
March 1–3, 2026
Asbury United Methodist Church
6690 Cahaba Valley Road, Birmingham, Alabama

Sunday, March 1

Williams Chapel/Main Event Space

2:30 – 4:30 PM	Registration
4:30 – 5:00 PM	Welcome & State of RFA – Bishop Jonathan Holston & Daphne Johnston
5:10 – 5:30 PM	Brenda Roberts – Introduction to National Council of Dementia Minds
5:30 – 5:45 PM	Minnie Lamberth – Lighting of the Respite Lantern Inscoe Legacy of Love Recognition
5:45 – 6:30 PM	Dinner
6:30 – 6:45 PM	Special Presentation
6:45 – 7:45 PM	Kaylie Glenn – Memory Silent Disco

Monday, March 2 – Morning Sessions

Williams Chapel/Main Event Space

8:30 – 9:00 AM	Opening Prayer – Bishop Lawson Bryan John and Joyce Caddell Emerging Leader Award State Roll Call
9:00 – 10:00 AM	Gina McIntyre – Engaging Activities with Purpose Director, Anchor Respite Community, Asbury United Methodist Church
10:00 – 10:30 AM	Break
10:30 – 12:00 PM	Loretta Veney “The Lego Lady” – Creativity, Connection & Cognitive Play
12:00 – 12:45 PM	Lunch & Networking
1:00 – 1:30 PM	Elaine Sanchez – National Online Caregiver Support Group (Zoom)
1:30 – 1:45 PM	Respite for All’s Hall of Love 2026 Inductions / Group Photo

Monday, March 2 – Afternoon Breakouts

Director Track: Choir Room, Downstairs

2:00 – 2:30 PM	Dr. Jennifer Craft Morgan – Implementing RFA Surveys & Research
2:30 – 4:00 PM	Veteran Director Panel – Open Forum & Problem Solving

Volunteer Track: Williams Chapel

2:00 – 3:00 PM	Ruth Minnema – Dementia Education for Volunteers
3:00 – 3:30 PM	Minnie Lamberth – Creative Problem Solving

3:30 – 4:00 PM Volunteer Break

Monday, March 2 – Evening Program

4:00 – 5:00 PM Drum Circle (*Foust Family Life Center*)

5:15 – 6:00 PM Dinner & Networking (*Williams Chapel*)

6:00 – 6:30 PM Bill Uniowski – Zinnia TV

6:30 – 7:30 PM Jack York – Founder of TaleGate, Senior Living and Storytelling Entrepreneur

Tuesday, March 3

Williams Chapel

8:30 – 9:00 AM Susanna Whitsett – Movement Routines – Exercise Ideas for Respite Groups
Director, Founders Place Respite, St. Luke’s Episcopal Church

9:00 – 9:50 AM Valerie Boyd – Why Caregiver Support Groups Are Vital
Executive Director of Encore Respite, Canterbury United Methodist Church

10:00 – 11:00 AM Kelly de la Rocha – Poem Renovation

11:10 – 12:00 PM Rhonda Heyn – Innovative Activity Ideas
Director, The Friends Place, Sequim, WA

12:00 – 1:00 PM Benediction and Boxed Lunches