**START UP ACTIVITY SUPPLIES**

**2025**

**Respite Puzzle Tips:**

* Only use 12-24-36 piece puzzles. You will be able to see how far along our friends are by how many puzzle pieces they can do.
* Puzzles are never the planned activity, they are for small talk in the morning when people are coming in and volunteers can work with people or leave them to themselves.
* Don’t let people donate puzzles because they just clean their closets out with ones we can’t use and they take up space!
* Dementia puzzles are expensive, they are worth it.
* Only choose adult scenes, NO kid puzzles
* Focus on keeping up with the pieces!

**Bird Puzzle 36 piece**

<https://best-alzheimers-products.com/product/birds-of-a-feather-36-piece-puzzle>

**Car Puzzle (13 piece)**

<https://relish-life.com/en-us/products/prized-possession?utm_source=google&utm_medium=cpc&utm_campaign=17737257533&utm_content=&utm_term=&utm_source=google&utm_medium=cpc&utm_campaign=17737257533&utm_term=&gad_source=1&gclid=Cj0KCQjwqIm_BhDnARIsAKBYcmsUnZl60DDx7f_GxxOY5Q2HLQ44ibzoXVgjqy7ML-aQsZ7e7M1qDH4aAvyiEALw_wcB>

**Flower Puzzle (13 piece)**

<https://relish-life.com/en-us/products/blooming-lovely>

**Aqua Paint (For your later stages)**

<https://relish-life.com/en-us/products/farm-memories>

**35 piece puzzle (Birds)**

<https://www.puzzlewarehouse.com/blue-sky-birds-35-pieces-by-cobble-hill/?caid=25225&gad_source=1&gbraid=0AAAAADyqjpbxrs_XiM2wm6PICJ0W4Uo_K&gclid=EAIaIQobChMI_tKpo5eljAMVaSxECB37eCCBEAQYBiABEgIzXvD_BwE>

**Mind Start (24 Piece) Flower Pot**

<https://business.walmart.com/ip/Mind-Start-Puzzles-Garden-24-Piece-Large-Piece-Jigsaw-Puzzle/388513914?gQT=1>

**Painter’s Drop Clothes from Home Depot**

Cut to the size of your tables. They are wonderful because you use them over and over and you do not have to wait for them to dry. When finished with project, just fold them up!

**Radio for Room**

**Bowling Set-** Adult only and invest in a good one NO kids toys!

<https://www.gearupsports.com/collections/bowling/products/bowling-set-w-pins-ball>

**Rails for Bowling-**

* Home Depot
* Ask for two, 4x4’s and then ask if they can saw them down the middle for you to make two, 2x2’s. You will have a total of 4 rails and you can use for bowling and other activities and they are easy to store. Rails are critical for success in bowling and they love it!

**Double Six Dominos ( 2 Boxes)**

<https://best-alzheimers-products.com/product/double-six-dominoes-324>

**Octaband for Movement**

<https://best-alzheimers-products.com/product/octaband-16-leg>

**Noodles**

https://www.amazon.com/gp/product/B0F1DN5ZMW/ref=ox\_sc\_act\_title\_2?smid=AGOKDG42D8KUC&th=1

**Playing Cards**

[https://www.amazon.com/gp/product/B0021JL0ZM/ref=ox\_sc\_act\_image\_1?smid=ATVPDKIKX0DER&th=1](https://www.amazon.com/gp/product/B0021JL0ZM/ref%3Dox_sc_act_image_1?smid=ATVPDKIKX0DER&th=1)

**Poker Chips**

https://www.amazon.com/gp/product/B07YD4HJ5S/ref=ox\_sc\_act\_title\_3?smid=AX4V64XDNPDPT&th=1

**Tennis Balls**

[https://www.amazon.com/cart/add-to-cart/ref=dp\_start-bbf\_1\_glance](https://www.amazon.com/cart/add-to-cart/ref%3Ddp_start-bbf_1_glance)

**Volleyball Net (This is 14ft but you might need 10ft)**

[https://www.amazon.com/gp/product/B078WRVG5M/ref=ox\_sc\_act\_title\_5?smid=A2JSS8JZT2LG97&th=1](https://www.amazon.com/gp/product/B078WRVG5M/ref%3Dox_sc_act_title_5?smid=A2JSS8JZT2LG97&th=1)

**Balls for Tunnel of Love**

[https://www.amazon.com/gp/product/B0B11RG6L3/ref=ox\_sc\_act\_title\_6?smid=ADCQ7LJ1UJ050&th=1](https://www.amazon.com/gp/product/B0B11RG6L3/ref%3Dox_sc_act_title_6?smid=ADCQ7LJ1UJ050&th=1)

**4 feet of Blue Felt from Fabric Store for Wheel of Fortune**

* Hooks to hang
* 8x11 plastic covers for letters
* Two rolls of Velcro tape (Only use one side of it b/c the fuzzy side of Velcro tape will not stick to the felt)
* Cut up one inch pieces of tape to stick to back of plastic sheet protectors that hold letters