

The Goodness Keeps Growing!

During the first part of 2024, Respite for All welcomed new respite communities in four different denominations:



Appleton, WI
Living Spirit Respite at
First English Lutheran
Church

Greenville, SC
Side by Side Respite at
John Knox Presbyterian
Church



Dunwoody, GA
Anchor Place Respite at
St. Patrick's Episcopal
Church



Brandon, FL
Vitality Respite
Center at
St. Andrew's
United Methodist
Church



By the end of 2024, nearly 40 respite communities in 13 states will be part of our network!

RFA Holds 5th Annual Training Conference

In early February, the fellowship hall at First United Methodist Church-Montgomery was filled with 180 people attending Respite for All's 5th annual training conference for respite directors and volunteers. This festive group included 150 attendees representing RFA respite communities in 26 cities and nine states - from the state of Washington to central Florida - plus 30 local volunteers. Our great speaker line-up included an A-team of local directors who offered their experience-based insights with art projects, activities, movement, caregiving and more.



Brain Science Luncheon to Feature Blue Zones Speaker



Mark your calendar for **Tuesday, October 22** and make plans to join us at the **Renaissance Montgomery** for our **3rd Annual Brain Science Luncheon** 11:30am-1pm.

This year's featured topic is BLUE ZONES, from the hit Netflix series, and Dan Buettner, Jr., Blue Zones Executive Vice President & Chief Development Officer, will be here to tell us about the long-term benefits a Blue Zones life can help you achieve including

- Live a longer, better life
- Have more energy, feel stronger, and gain health
- Have better sleep and feel rested every day

Get details at RespiteforAll.org.

New Respite for All Communities Coming Soon

Four new Respite for All communities have already opened in 2024, and by the end of the year, we'll welcome three more!



**Vestavia Hills
Methodist Church**
Birmingham, AL



**Scioto Ridge
United Methodist Church**
Hilliard, OH



**First Christian
Church**
Madisonville, KY



Respite for All
FOUNDATION
Reclaiming Joy Together

The Respite for All Foundation

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Please "like" or follow us on our social media to stay informed on the latest RFA happenings, events, announcements and more.



Facebook.com/RespiteforAll

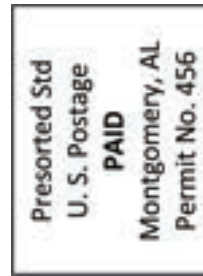


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The Respite for All Newsletter



**News, Updates and
Announcements on How We're
Championing Our Mission**